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# Cytokine-adsorbing hemofilter: old but new modality for septic acute kidney injury

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#### **Abstract**

While evidence supporting the hypothesis that blood purification improve outcome in septic acute kidney injury (AKI) has not been established, many physicians hope to improve outcome in septic AKI by blood purification. Elucidation of the pathophysiology of sepsis has revealed close involvement of humoral mediators, including cytokines, pathogen-associated molecular patterns, and alarmins, in the development of severe sepsis. Removal of substances by blood purification involves three major principles, namely filtration, dialysis (diffusion), and adsorption. Multiple large randomized controlled trials (RCTs) of high-volume hemofiltration (HVHF) for patients with AKI were conducted, but failed to prove the clinical efficacy of HVHF. Blood purification for the removal of mediators through dialysis and filtration using a high cutoff (HCO) membrane hemofilter has not also been established. Furthermore, a HCO membrane hemofilter shares a common problem with HVHF, which is excessive removal of useful substances, such as antimicrobial agents and/or nutrients. Accordingly, continuous hemodiafiltration using cytokine-adsorbing hemofilters (CAH-CHDF) such as polymethylmethacrylate (PMMA) and AN69ST membrane hemofilters has been attracting attention recently. In this review, we report recent findings regarding these old hemofilters with new applications. Although the number of in vitro and in vivo studies conducted to date has been limited, the studies suggest a possibility that these modalities are useful particularly for the treatment of septic shock and septic AKI. CAH-CHDF is expected to be recognized globally as a treatment of septic shock and septic AKI in the near future.

**Keywords:** Cytokine, Adsorption, Sepsis, Renal replacement therapy, Continuous hemodiafiltration, Polymethylmethacrylate, AN69 surface treated, Critical care, Non-renal indication

#### **Background**

Improvement of outcome in acute kidney injury (AKI) by renal replacement therapy (RRT) is an attractive hypothesis. Although AKI is a common clinical condition frequently encountered in the intensive care unit (ICU) [1], a treatment with proven clinical efficacy in AKI has not been established. As a consequence, treatment of AKI mainly involves both treatment of the underlying disease and support for renal function with renal replacement therapy. This is also the case with septic AKI accounting for approximately half of AKI cases experienced in the ICU [1]. The Surviving Sepsis Campaign Guidelines (SSCG) [2], international guidelines for diagnosis and treatment of severe sepsis/septic shock, include

little description on the treatment of AKI. Regarding RRT, the SSCG contains nothing but weak recommendations for the choice of intermittent hemodialysis and continuous renal replacement therapy (CRRT). That is, the evidence supporting the hypothesis that blood purification improves outcome of septic AKI remains to be established to date. However, many intensive care physicians and physicians involved in blood purification endorse this hypothesis [3] and have been investigating blood purification techniques that can improve the outcome of septic AKI.

#### Why cytokine-adsorbing hemofilter?

Humoral mediators, including cytokines, are well known to be deeply involved in the development of severe sepsis/septic shock [4]. In addition, production of these mediators has been shown to be triggered by pathogen-associated molecular patterns (PAMPs) including lipopolysaccharide (LPS), as well as alarmins (which is produced by injured

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cells and stimulate an immune response [5]) like high-mobility group box-1 (HMGB-1) protein, to pattern recognition receptors, such as toll-like receptor [6]. Accordingly, these mediators, PAMPs and alarmins existing in the blood stream are currently considered as target substances for removal by blood purifications for the treatment of septic AKI.

In 1993, Bellomo et al. first reported that various proinflammatory cytokines could be removed by continuous venovenous hemofiltration (CVVH) with dialysis, namely continuous hemodiafiltration (CHDF) [7]. Coincidentally, we focused on the fact that CHDF using polymethylmethacrylate (PMMA) membrane hemofilter (known in the field of chronic maintenance dialysis to efficiently remove  $\beta_2$ -microglobulin ( $\beta_2$ -MG) based on the principle of adsorption [8-10]) in critically ill patients resulted in favorable responses such as rapid improvement of systemic inflammation as well as increase in blood pressure and urine output after initiation of CHDF. Such effects were not obtained when other available membrane hemofilters at that time, such as polysulfone (PS), polyacrylonitrile (PAN), ethylene vinyl alcohol (EVAL), and cellulose triacetate (CTA) were used. We therefore started to investigate removal of mediators by CHDF [11] and reported the clinical efficacy of PMMA-CHDF [12-14].

Other groups have also attempted application of RRT to cytokine modulation for improvement of clinical conditions in sepsis and AKI. Removal of substances by blood purification involves three major principles, namely filtration, dialysis (diffusion), and adsorption. Among the three principles, filtration has been investigated most extensively in the last two decades in the form of a technique increasing filtration volumes (highvolume hemofiltration (HVHF)). Ronco et al. conducted a randomized controlled trial (RCT) that compared therapeutic results of RRT in AKI at three different treatment doses (20, 35, and 45 mL/kg/h) [15]. Results demonstrated that the survival rate was higher in the 35 and 45 mL/kg/h groups than in the 20 mL/kg/h group. Regarding patients with sepsis, the highest survival rate was observed in the 45 mL/kg/h group. The impact of this report was so great that many multicenter RCTs were conducted to confirm the effect of HVHF. However, as large RCTs, such as the ATN [16], RENAL [17], and IVOIRE [18] studies, failed to prove the clinical efficacy of HVHF, HVHF in septic AKI is no longer recommended in a recent consensus statement [19].

Removal of mediators with higher molecular weight (MW) substances based on the principle of dialysis requires enlargement of membrane pore size. Blood purification for removal of mediators by dialysis and filtration using a high cutoff (HCO) membrane with a larger pore size has been reported by a particular group [20, 21]. While hemodiafiltration using a HCO membrane was

reported to exhibit a greater cytokine clearance than that in a conventional membrane and have minimal problematic side effects, no large RCT of this therapy has been conducted and its efficacy has not been established to date. As cytokine removal with a HCO membrane depends on filtration volume and dialysis dose, removal of useful substances, such as antimicrobial agents and nutrients including albumin, considered a problem with HVHF [22], may also be a drawback in this blood purification technique.

As described earlier, the current situation is that the efficacy of HVHF was negated and blood purification with a HCO membrane has not yet been sufficiently supported by RCTs. Furthermore, HCO membrane shares a common problem with HVHF, which is the excessive removal of useful substances depending on their MW. Accordingly, with mounting expectations for removal of mediators based on the principle of adsorption, cytokine-adsorbing hemofilter (CAH) made of membrane materials with a high adsorption capacity for cytokines is attracting attention from intensive care physicians [3].

Direct hemoperfusion using a polymyxin B endotoxinadsorbing column (PMX-DHP) has been developed in Japan and widely applied for the treatment of septic shock caused by gram negative bacteria for more than 20 years. Although hemodynamic improvement after PMX-DHP treatment has been widely recognized, the efficacy of this modality has not been established yet. EUPHAS study [23], RCT for abdominal sepsis, demonstrated the efficacy of PMX-DHP. However, high mortality rate in the control group and the statistical method has been criticized [24]. Furthermore, another RCT, ABDO-MIX study [25] failed to prove the clinical efficacy of PMX-DHP. The mortality rate in the treatment group was higher than that of control group although they were not statistically different [25]. In addition, PMX-DHP is more expensive, and combination use of RRT will be needed in many cases.

### Cytokine-adsorbing hemofilter PMMA hemofilter

The PMMA membrane is a synthetic polymeric membrane prepared by immersing the hydrophobic matrix of PMMA in water to replace with water the organic solvent within the micropore space, utilizing a phenomenon that mixing two methylmethacrylate polymer elements with different tacticity (isotactic PMMA and syndiotactic PMMA) in an organic solvent generates a thermoreversible gel [7]. After marketing authorization of the first PMMA dialyzer in 1977, BK Series® was developed as a newer product lineup with improved water permeability, removal capacity of solutes and excellent biocompatibility, and has been widely used in the field of maintenance dialysis. A PMMA membrane has a symmetric

microporous structure throughout the entire membrane matrix. Its fractionation characteristic curve is broader than that of other synthetic polymeric membranes, such as PS membrane. It also has an advantage of greater dialysance of middle-MW and high-MW substances (e.g., albumin) compared with the conventionally used cellulose membrane. Furthermore, the PMMA membrane dialyzer was shown to have an excellent ability to remove β<sub>2</sub>-MG (MW 11,800 Da), identified as a pathogenic substance of dialysis-related amyloidosis [26]. A subsequent investigation revealed that the  $\beta_2$ -MG level in the dialysate was extremely low when a PMMA dialyzer (BK Series®) was used for hemodialysis and that this phenomenon was due to adsorption of  $\beta_2$ -MG to PMMA membrane [27]. Another subsequent investigation demonstrated that  $\beta_2$ -MG was detectable in the filtrate after the adsorption capacity of the PMMA dialyzer reached saturation level over time [28].

As described earlier, the excellent adsorption characteristics of the PMMA membrane has long been recognized. In 1986, continuous hemofiltration (CHF) was first introduced in the Department of Emergency and Critical Care Medicine, Chiba University Hospital (Chiba, Japan), using a PMMA membrane hemofilter. To ensure both extended filter life and higher removal capacity for solutes, CHF was subsequently replaced by CHDF as the method of choice for CRRT. Through clinical experiences with CHDF using a PMMA membrane hemofilter (PMMA-CHDF) in many critically ill patients, we realized a number of effects that could not be explained as those of RRT alone. These included reduction of abdominal pain and rapid improvement of symptoms of inflammatory response in severe acute pancreatitis, as well as an increased blood pressure and urine volume in patients with acute renal failure soon after initiation of PMMA-CHDF. These facts implied removal of some pathogenic substance(s) related to organ failure by PMMA-CHDF. Therefore, we started an extensive investigation regarding the effects of removal of various humoral mediators, including cytokines, by PMMA-CHDF and the clinical application thereof, which triggered investigations of PMMA-CHDF in other institutions in Japan, by investigators inspired by this idea.

We performed PMMA-CHDF in various conditions and found that the blood levels of various cytokines were lower at the outlet of a hemofilter than at the inlet side. On the other hand, cytokines in the filtrate were scarcely detected, and a positive correlation was observed between blood cytokine levels and the clearance of cytokines by CHDF, which demonstrated that reduction in cytokine levels after hemofilter passage was due to the removal by adsorption to the PMMA membrane hemofilter [29]. Furthermore, a significant decrease of blood cytokine level from the baseline was observed 3 days after initiation of PMMA-CHDF, but not after

CHDF using a hemofilter made of a non-PMMA membrane material [29]. We further investigated and reported that early PMMA-CHDF in addition to early goal-directed therapy (EGDT) in 43 patients with septic shock (mean acute physiology and chronic health evaluation II (APACHE II) score, 29.4; mean sequential organ failure assessment (SOFA) score, 13.7) achieved excellent therapeutic results of recovery rate from shock, 90.7 % and 28-day survival rate, 79.1 % [12]. Matsuda et al. reported a case control study of CRRT in septic AKI involving patients undergoing PMMA-CHDF as the case group and those undergoing CHDF using a PAN membrane hemofilter as the historical control group. They reported a significantly higher survival rate in the PMMA-CHDF group [30]. Sakamoto et al. comparatively investigated the therapeutic effects of PMMA-CHDF (in 11 patients) and PAN-CHDF (in 7 patients) performed after PMX-DHP. While no significant differences in APACHE II and SOFA scores were observed between the two treatment groups, the survival rate in the PMMA-CHDF group was better than that in the PAN-CHDF group (90.9 vs. 42.9 %) with significant improvements of the serum plasminogen activator inhibitor-1(PAI-1), protein C, IL-6, and N-arachidonoylethylethanolamine (AEA) [31]. Considering that unlike an AN-69 membrane (described in detail later), PAN membrane used in these studies has no sulfonate group and does not efficiently adsorb humoral mediators such as cytokines, these studies suggest the clinical usefulness of a PMMA hemofilter as a cytokine-adsorbing hemofilter despite limitations in study design and sample size.

A number of in vitro studies reported the cytokine adsorbing characteristics of a PMMA membrane hemofilter. We performed in vitro concentrated perfusion experiments by using ascites with high interleukin (IL)-6 levels to investigate changes in ascites IL-6 level. Results demonstrated that when three different membrane materials (PMMA, CTA, and PS) were compared, the IL-6 removal rate for the PMMA membrane hemofilter was by far greater than that for other membrane hemofilters and IL-6 was scarcely detectable in the filtrate. When a CTA or a PS membrane hemofilter was used, IL-6 could be removed only at an efficiency lower than that with a PMMA membrane hemofilter and IL-6 was detected in the filtrate [32]. Furthermore, when direct perfusion of ascites containing high IL-6 levels was performed with these membrane hemofilters, a CTA membrane hemofilter removed only 20 % of IL-6, whereas a PMMA membrane filter removed almost 100 % of IL-6 after 3-h perfusion [32]. These results prove that the PMMA membrane adsorbed IL-6 at a high efficiency. In another in vitro experiment using porcine blood with continuous LPS injection to induce continuous cytokine production, we measured the cytokine clearance of PMMA-CHDF (membrane area, 1.0 m<sup>2</sup>; blood flow rate: Q<sub>B</sub>, 80 mL/min; filtration rate:  $Q_{\rm F}$  300 mL/h; and dialysate flow rate:  $Q_{\rm D}$ , 1000 mL/h) over 24 h. The mean 24-h clearance values for TNF- $\alpha$ , IL-6, IL-8, and HMGB-1 were 11.4, 20.9, 17.8, and 11.2 mL/min, respectively. The cytokine-removing effect of the PMMA membrane hemofilter was maintained during a prolonged CHDF session, though with a slight decrease observed after use for 24 h (unpublished data). In addition, the cytokine levels in the filtrate were low in this experiment as well, which confirmed that cytokine removal with PMMA membrane was based on the principle of adsorption. Because the production of cytokines continues a few days in severe sepsis/septic shock, it is very important that the ability to adsorb cytokines is kept for long duration.

Tomisawa et al. compared the adsorption characteristics of the PMMA membrane and polyester polymer alloy (PEPA) membrane (both with comparable sieving coefficients) by using chymotrypsinogen (MW 25,000 Da) and albumin (MW 66,000). The PMMA membrane exhibited an adsorption rate approximately 20 % higher than that of the PEPA membrane. In addition, the adsorption rate to the PMMA membrane increased with an increase in filtration rate, while no such change was observed for the PEPA membrane [33, 34]. Based on these findings, Tomisawa et al. considered that the mechanism of adsorption to the PMMA membrane might involve occlusion of protein molecules into pores open in a uniform and symmetric membrane structure. This mechanism may affect water permeability and filter life of PMMA membrane hemofilter. Furthermore, because of the nature of its adsorptive property, PMMA membrane hemofilter is prone to clogging in critically ill patients. Therefore, it is recommended to replace a PMMA hemofilter every 24 h during the treatment.

#### AN69 surface-treated hemofilter

AN69 surface-treated (AN69ST) membrane is a derivative of AN69 (native AN69), originally developed in 1969 as the world's first synthetic polymeric membrane, prepared by surface treatment of polyethyleneimine (PEI). Native AN69 is a copolymer of hydrophobic acrylonitrile and hydrophilic sodium methallylsulfonate and has a symmetric microporous structure. This is also the sole membrane with a hydrogel structure and possesses extremely high hydrophilicity. As AN69 is negatively charged due to sulfonate groups derived from methallylsulfonate monomers, the AN69 membrane adsorbs cytokines via ionic bonding between its sulfonate group and the amino group on the surface of a cytokine molecule. As the AN69 membrane has a hydrogel structure, adsorption to this membrane is considered to take place not only on the membrane surface but also within the bulk layer, thereby exhibiting a high adsorption capacity. In fact, native AN69 membrane is reported to adsorb a greater amount of humoral mediators such as cytokines compared with PS membrane [35].

Gasche et al. performed CVVH using an AN69 membrane hemofilter (AN69-CVVH) in seven patients and reported removal of factor D (activating complement) by adsorption [36]. De Vriese et al. performed AN69-CVVH in 15 patients with septic AKI and reported a rapid decrease in blood cytokine levels and improvement in cardiac output, pulmonary artery wedge pressure, and systemic vascular resistance [37]. However, cytokine levels, once reduced, subsequently increased again during CVVH and the AN69 hemofilter had to be replaced once every 3 h. Kellum et al. demonstrated that AN69-CVVH in a murine sepsis model induced by cecal ligation and puncture suppressed an increase in blood IL-6 level [38]. When Rogiers et al. performed CVVH using either a PS or an AN69 membrane hemofilter in dogs injected with endotoxin, significantly higher cardiac output, stroke volume, and left ventricular stroke work index were observed in the AN69 group [35].

Native AN69 membrane negatively charged even on the membrane surface is known to generate bradykinin in contact with blood. In particular, when a patient takes angiotensin-converting enzyme (ACE) inhibitors, kininase II that inactivates bradykinin is inhibited and causes serious hypotension, which has been a serious disadvantage of AN69 membrane. Partial coating of the surface of the AN69 membrane with a biocompatible cation PEI reduced the zeta potential on the contact surface between the membrane and blood, thereby reducing bradykinin production greatly, although not all patients were free from this adverse event [39].

The AN69ST membrane is known to have excellent anti-thrombogenicity as well. AN69/AN69ST membranes have a hydrogel structure and are therefore highly hydrophilic. Furthermore, the surface of the AN69ST membrane can be coated with heparin by priming with saline-containing heparin. As a consequence, the anti-thrombogenicity of the AN69ST membrane exceeds that of the native AN69 membrane and anticoagulant-free hemodialysis using AN69ST membrane has been reported [40, 41]. On the other hand, as the sulfonyl groups on the AN69 membrane adsorb nafamostate mesilate, this anticoagulant is not compatible enough with the AN69/ AN69ST membrane [42]. Appropriate priming is most important and unfractionated heparin or low molecular weight heparin is recommended if possible. If nafamostate mesilate is the only anticoagulant to use e.g., trauma patient, it should be infused from not only pre-hemofilter but also post-hemofilter.

Reports of basic research on the cytokine-adsorbing capacity of the AN69ST membrane and clinical studies of this membrane are limited. Yumoto et al. compared four different membrane hemofilter, (AN69ST, PMMA, HCO polyarylethersulfone; PAES, and PS) concerning the capacity to remove HMBG1 in vitro. AN69ST had the highest efficiency of HMBG1 removal, followed by the

PMMA membrane. PAES and PS membrane removed little amount of HMGB-1 [43]. In a clinical study, Shiga et al., conducted a single-arm multicenter study involving CHDF using a AN69ST membrane hemofilter (SepXiris\*) in 34 patients with severe sepsis and septic shock associated with hyperlactatemia (blood lactate >36 mg/dL). Even in very severe critically ill patients (mean APACHE II score, 32.7 ± 9.8), the 28-day survival rate was as high as 73.5 % (Fig. 1) [44]. Based on these results, CHDF using an AN69ST hemofilter in severe sepsis was formally approved by the National Health Insurance System in Japan since July 2014, as a non-renal indication.

#### Modified AN69ST (oXiris®)

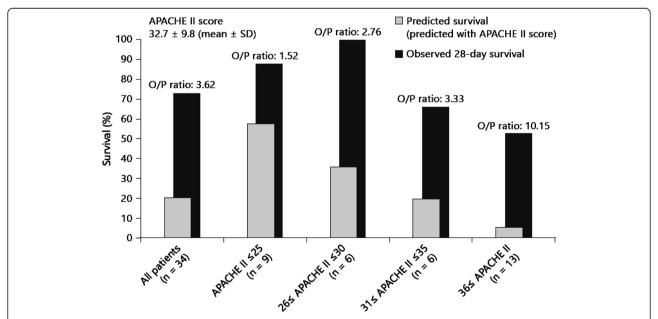
The oXiris® is a hemofilter using the AN69 membrane with PEI surface coating and immobilized heparin. Compared with the AN69ST membrane, the oXiris® has 3 times greater amount of PEI surface coating (in the second layer) and 10 times greater amount of pre-immobilized heparin (in the third layer). As a consequence, oXiris® has excellent anti-thrombogenicity and is capable of adsorbing endotoxin (supposed to be negatively charged) to cationic PEI in the second layer [45]. Bottom bulk layer of the oXiris® membrane remains negatively charged and thereby retains its ability to adsorb cytokines. That is, the oXiris® membrane is intended to adsorb both endotoxin and cytokines.

In vitro experiments by Rimmele et al. that compared the ability to adsorb cytokines (TNF- $\alpha$ , IL-18, IL-6, and IL-1Ra) among three different membranes (PS, AN69,

and oXiris®) demonstrated that the AN69 and oXiris® membranes adsorb cytokines substantially, while the PS membrane adsorbs little cytokines. Furthermore, the oXiris® adsorbed more cytokines and endotoxin than the AN69 membrane [45]. When 6-h HVHF was performed in a porcine model of sepsis by using either an AN69 or oXiris® membrane hemofilter, the blood endotoxin level was significantly lower in the oXiris® group. In addition, the values of crystalloid infusion volume, colloid infusion volume, degree of lactic acidosis, and pulmonary arterial pressure were significantly lower in the oXiris® group [45].

We measured cytokine clearance of oXiris°-CHDF (membrane area,  $1.5 \text{ m}^2$ ;  $Q_B$ , 80 mL/min;  $Q_P$  300 mL/h;  $Q_D$ , 1000 mL/h) over 24 h, using porcine blood with LPS continuous injection to induce continuous cytokine production. The mean 24-h clearance values for TNF- $\alpha$ , IL-6, IL-8, and HMGB-1 were 15.2, 18.3, 25.3, and 23.5 mL/min, respectively. The sieving coefficients for these cytokines were all less than 0.02, and removal by filtration was negligible [46].

While the clinical effects of the oXiris® membrane hemofilter have scarcely been reported, Shum et al. performed oXiris®-CVVH in six patients with septic AKI and compared with 24 severity-matched historical controls undergoing PS-CVVH. Results demonstrated that the SOFA score after 48-h CVVH was reduced from the value at ICU admission by 38 % in the oXiris® group, while an increase of 3 % was observed in the control group. No significant difference was observed in ICU and in-hospital mortality between the two groups [47].



**Fig. 1** Comparison of predicted survival, observed 28-day survival and the observed/predicted survival ratio among the subgroups stratified according to the APACHE II score. O/P ratio: observed survival rate divided by predicted survival rate. Image originally published in Shiga H, Hirasawa H, Nishida O, Oda S, Nakamura M, Mashiko K, Matsuda K, Kitamura N, Kikuchi Y, Fuke N, Continuous Hemodiafiltration with a Cytokine-Adsorbing Hemofilter in Patients with Septic Shock: A Preliminary Report. Blood Purif 2014;38:211-218. Image copyright Karger AG. All rights reserved

In Switzerland, an RCT that compares the efficacy of oXiris\*-CVVH and PMX-DHP in patients with septic shock is currently in progress (ENDoX study). Furthermore, Honore et al. state in their review article that they are planning an RCT to compare four different membrane hemofilters (AN69, AN69ST, oXiris\*, and PAES) in septic shock with AKI [48].

#### **Future perspectives of CAH-CHDF**

The concept of CAH and treatment based on this concept has been investigated mainly in Japan by using a PMMA hemofilter. Accordingly, the Japanese Guidelines for the management of sepsis [49] include a weak recommendation for CHDF for mediator removal, with a comment that there is a possibility to improve hemodynamics, though without sufficient evidence supporting improving outcome. While potentials of the AN69ST and oXiris\* hemofilters with excellent adsorption capacity for cytokines have been recently attracting the attention of ICU physicians in Europe and the USA, evidence for these modalities are obviously lacking. Many clinical studies, including large-scale RCTs, are expected to be planned, and some clinical trials are currently ongoing.

What is necessary for establishing the clinical efficacy of CAH-CHDF for the treatment of severe sepsis and septic AKI in the future, in other words, what is necessary for obtaining positive results in clinical trials to be planned in the future? Adsorption is more efficient at higher concentrations of the target substance in the blood. Consequently, the effects of mediator removal using CAH may be demonstrated more clearly in patients treated at higher concentration of mediators such as cytokines. Since we introduced a rapid IL-6 assay system into the clinical laboratory of Chiba University Hospital in April 2000, we have measured blood IL-6 level in various clinical conditions and reported that blood IL-6 levels reflect the

severity of systemic inflammatory response syndrome (SIRS) and sepsis and increased blood IL-6 level is closely associated with severity of organ dysfunction [50]. Therefore, we consider that selective application of CAH-CHDF to critically ill patients with hypercytokinemia based on the measurement of blood IL-6 level is crucial to obtain better therapeutic effect.

In the study of Nakada et al. that investigated the usefulness of PMMA-CHDF for septic shock, the subjects were very critically ill patients as indicated by the following clinical parameters: mean blood IL-6 level, 132,300 pg/mL (median, 23,480 pg/mL); mean APACHE II score, 29.4; mean SOFA score, 13.7; and mean blood lactate level, 72.2 mg/dL [12]. The single-arm study of AN69ST-CHDF by Shiga et al. exclusively included subjects of severe sepsis/septic shock with a blood lactate level more than 36 mg/dL(4 mmol/L). Their clinical parameters indicated the following severe clinical conditions: mean blood IL-6 level, 44,800 pg/mL; mean APACHE II score, 32.7; and mean blood lactate level, 69.0 mg/dL. The subjects of the oXiris°-CVVH study by Shum et al. had a median APA-CHE II score of 36 (Table 1) [47]. Consequently, the selection of subjects based on actual measurements of humoral mediators such as IL-6 may be the key in clinical studies of CAH to be planned in the future. IL-6 is relatively stable in blood, and an automated assay system that can rapidly measure blood IL-6 level in approximately 30 min is commercially available. We currently utilize a rapid assay of IL-6 (Roche Diagnostics GmbH, Mannheim, Germany) for determination of a treatment strategy for severe sepsis and septic shock and for evaluation of treatment effects. To measure blood IL-6 levels enable to decide implementation of CAH-CHDF earlier before AKI become obvious. In our institute, the cutoff value to initiate CAH-CHDF is 10,000 pg/mL because IL-6 blood level in septic shock usually exceeds 10,000 pg/mL and is

**Table 1** Backgrounds of the patients in the previous reports

Author	Nakada [12]	Sakamoto [31]	Matsuda [30]	Shiga [44]	Shum [47]
Publication year	2008	2008	2011	2012	2013
Hemofilter	PMMA	PMMA	PMMA	AN69ST	oXiris®
Number of patients	43	11	30	34	6
Age	$63.5 \pm 13.3$	63.2 ± 10.8	63.9 ± 12.3	67.1 ± 12.1	61 (51–67)
APACHE II score	$29.4 \pm 8.4$	$24.8 \pm 8.6$	$29.0 \pm 6.7$	$32.7 \pm 9.8$	36 (28–41)
SOFA score	$13.7 \pm 3.7$	$9.7 \pm 4.1$	$13.0 \pm 3.7$	NA	NA
Lactate, mg/dL	$72.2 \pm 40.4$	NA	NA	$69.0 \pm 49.4$	NA
Interleukin-6, pg/mL	$132300 \pm 243700$	7893.8 ± 10238.4	NA	$44800 \pm 77700$	NA
Predicted survival rate <sup>a</sup> , %	32.8	NA	35.6	20.3	15 (8–36)
28-day survival rate, %	79.1	90.9	83.3	73.5	66.7 <sup>b</sup>

Data are presented as mean  $\pm\,\text{SD}$  or median (interquartile range)

<sup>&</sup>lt;sup>a</sup>Survival rate calculated by APACHE II score

<sup>&</sup>lt;sup>b</sup>Survival rate at ICU discharge

NA not available, APACHE acute physiology and chronic health evaluation, SOFA sequential organ failure assessment

significantly higher than those in severe sepsis/sepsis/SIRS [50]. However, some cases with high SOFA score whose IL-6 blood level is between 1000 and 10,000 pg/mL indicate poor outcomes [50] so that we consider to implement CAH-CHDF in also such cases.

In brief, we believe that the patient selection for CAH-CHDF based on actual measurements of mediators such as IL-6 will be the key to successful clinical application of CAH. If this is impossible, exclusive selection of most critically ill patients using clinical parameters such as the APACHE II and SOFA score, or blood lactate level would be favorable.

#### **Conclusions**

It is interesting that classical hemofilters based on the PMMA (approved in 1977) and AN69 membranes (developed in 1969) have played new roles in cytokine removal by adsorption and control of hypercytokinemia and are thereby attracting attention again in the twenty-first century. Today is the scholar of yesterday ("on-ko chishin" in Japanese). Some of in vitro and in vivo studies suggest a possibility that these old modalities with new applications may be particularly useful in the treatment of septic shock and septic AKI. It is important to understand the characteristics of individual hemofilters and to select a patient to whom CAHs are clinically beneficial based on the appropriate method. We expect that CAH-CHDF will be recognized globally as an option for the treatment of septic shock and septic AKI in the near future.

#### Abbreviations

AKI, acute kidney injury; AN69ST, AN69 surface treated; ATN, Acute Renal Failure Trial Network; APACHE II, acute physiology and chronic health evaluation II;  $\beta_2$ -MG,  $\beta_2$ -microglobulin; CAH, cytokine adsorbing hemofilter; CHDF, continuous hemodiafiltraion; CHF, continuous hemofiltration; CRRT, continuous renal replacement therapy; CWH, continuous venovenous hemofiltration; EUPHAS, Early Use of Polymyxin B Hemoperfusion in Abdominal Sepsis; HCO, high cutoff; HMGB-1, high-mobility group box-1; HVHF, high-volume hemofiltration; ICU, intensive care unit; IL, interleukin; IVOIRE. High-volume versus standard-volume haemofiltration for septic shock patients with acute kidney injury; LPS, lipopolysaccharide; PAES, polyarylethersulfone; PAMPs, pathogen-associated molecular patterns; PAN, polyacrylonitrile; PEPA, polyester polymer alloy; PMMA, polymethylmethacrylate; PMX-DHP, polymyxin B immobilized fiber column direct hemoperfusion; PS, polysulfone; RCT, randomized controlled trial; RENAL, Randomized Evaluation of Normal versus Augmented Level; RRT, renal replacement therapy; SIRS, systemic inflammatory response syndrome; SOFA, sequential organ failure assessment; SSCG, Surviving Sepsis Campaign Guidelines

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#### Authors' contributions

NH planned this review, and drafted the manuscript. SO supervised and made suggestions for the drafting of the manuscript. Both authors read and approved the final manuscript.

#### Competing interests

The authors declare that they have no competing interests.

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